8 SWORD (JIAN) METHODS

taken from *Tai Chi Sabre Sword Spear* by Cheng Tin-Hung

KAN (3rd tone) to chop

LIAO (1st tone) to stir (divert and slash in one continuous movement)

MO (1st tone) to stroke (subtle circular diversion)

CI (4th tone) to stab/ pierce

CHOU (1st tone) to draw forth, diverting upwards with a whipping action

TI (2nd tone) to lift (an upward diversion)

HENG (2nd tone) to sweep across (horizontal diversion followed by thrust)

DAO (4th tone) to invert (diverting to the side, sword pointed down)